

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday




May 2021

SPECIAL INFORMATION:

Weights & Vitals (5) 1ST - 4TH Assisted & Residential Living
9-11:45 = AM Hours
12-9 = PM Hours

*All activities are subject to change

							1 Morning Walk (1,7,8) 10:00-12:00 Figure Eight Wii Bowling (1,2,3) 2:30-3:30 TV Room <small>May Day</small>
2 Sunday Message With Dr. Delong (6) 2:30-3:30 AL Day Room 	3 Exercise (1) 10:30-11:00 TV Room Bingo (2,3) 2:00-3:00 Dining Room	4 Salon Open (2,5) Gardening Talk (2,3,5) Garden Project (Front & AL) 10:30-11:30 Living Room Afternoon Shopping (2,5,7,8) 2:00-3:30 Outing	5 Banking/Post Office (4,7) 10:00-10:30 Outing Exercise (1) 10:30-11:00 TV Room Lunch Out (2,5,7,8) 12:00-3:00 Outing <small>Cinco de Mayo</small>	6 Bible Trivia (2,4,5) 10:00-11:00 Lobby Piano Music (2,5,6) 3:45-4:45 Living Room	7 Bingo (2,3) 10:00-11:00 AL Dining Room Exercise (1) 10:30-11:00 TV Room Giant Scrabble (2,3,5) 2:30-3:30 Dining Room	8 Morning Walk (1,7,8) 10:00-12:00 Figure Eight Wii Bowling (1,2,3) 2:30-3:30 TV Room	
9 Sunday Message TRBC TV *WSET (6) 11:00-12:00 	10 Exercise (1) 10:30-11:00 TV Room Bingo (2,3) 2:00-3:00 Dining Room	11 Salon Open (2,5) Will-Mart (4) 10:00-11:30 Afternoon Shopping (2,5,7,8) 2:00-3:30 Outing	12 Banking/Post Office (4,7) 10:00-10:30 Outing Exercise (1) 10:30-11:00 TV Room AL Afternoon Ride (2,5,7,8) 2:00-3:30 Outing	13 Coffee Talk 2 nd Fl & AL (2) 9:30-10:00 Living Room Coffee Talk 1 st Fl & Main (2) 10:00-10:30 Living Room Hangman (2,3) 2:00-3:00 AL Sunroom	14 Kim & JimBo Cary Perform (2,5) 10:30-11:30 Front Main Lawn Exercise (1) 2:00-2:30 TV Room	15 Morning Walk (1,7,8) 10:00-12:00 Figure Eight Granola Bars & Coffee Social 2:30-3:30 Lobby (2) Wii Bowling (1,2,3) 2:30-3:30 TV Room <small>Armed Forces Day</small>	
16 Sunday Message With Dr. Delong (6) 2:30-3:30 AL Day Room 	17 Exercise (1) 10:30-11:00 TV Room Bible Trivia (2,4,5) 2:00-3:00 Library	18 Salon Open (2,5) Morning Shopping (2,5,7,8) 10:00-12:00 Outing Afternoon Shopping (2,5,7,8) 2:00-3:30 Outing	19 Banking/Post Office (4,7) 10:00-10:30 Outing Exercise (1) 10:30-11:00 TV Room Lunch Out (2,5,7,8) 12:00-3:00 Outing	20 Hangman (2,3) 10:30-11:30 Living Room Piano Music (2,5,6) 3:45-4:45 Living Room	21 Bingo (2,3) 10:00-11:00 AL Dining Room Exercise (1) 10:30-11:00 TV Room Giant Scrabble (2,3,5) 2:30-3:30 Dining Room	22 Morning Walk (1,7,8) 10:00-12:00 Figure Eight Wii Bowling (1,2,3) 2:30-3:30 TV Room	
23 Sunday Message TRBC TV *WSET (6) 11:00-12:00 	24 Exercise (1) 10:30-11:00 TV Room Bingo (2,3) 2:00-3:00 Dining Room <small>Victoria Day (Canada)</small>	25 Salon Open (2,5) Will-Mart (4) 10:00-11:30 Afternoon Shopping (2,5,7,8) 2:00-3:30 Outing	26 Banking/Post Office (4,7) 10:00-10:30 Outing Exercise (1) 10:30-11:00 TV Room AL Afternoon Ride (2,5,7,8) 2:00-3:30 Outing	27 Coffee Talk 2 nd Fl & AL (2) 9:30-10:00 Living Room Coffee Talk 1 st Fl & Main (2) 10:00-10:30 Living Room Brain Quest (2,3,5) 2:00-3:00 Living Room	28 Bingo (2,3) 10:00-11:00 AL Dining Room Exercise (1) 10:30-11:00 TV Room Lemonade Social (2) 2:30-3:30 Screened Porch	29 Morning Walk (1,7,8) 10:00-12:00 Figure Eight Chess Cookies & Tea (2) 2:30-3:30 Lobby Wii Bowling (1,2,3) 2:30-3:30 TV Room	
30 Sunday Message With Dr. Delong (6) 2:30-3:30 AL Day Room 	31 This Day In History (2,5) 10:00-10:30 Lobby Exercise (1) 10:30-11:00 TV Room Bible Trivia (2,4,5) 2:00-3:00 Lobby <small>Memorial Day</small>						

(1) PHYSICAL (2) SOCIAL (3) COGNITIVE/INTELLECTUAL/CREATIVE (4) PRODUCTIVE (5) SENSORY (6) REFLECTIVE/CONTEMPLATIVE (7) OUTDOOR (8) NATURE/NATURAL