

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday



# July 2021

**SPECIAL INFORMATION:**  
WEIGHTS AND VITALS (5) 1<sup>ST</sup>-4<sup>TH</sup>  
Assisted & Residential Liv.  
9-11:45 SCHEDULING IS A.M. HOURS  
12-9 SCHEDULING IS P.M. HOURS

<p>4</p> <p>Sunday Message With Dr. DeLong (6) 2:30-3:30 AL Dayroom</p> 	<p>5</p> <p>Exercise (1) 10:30-11:00 TV Room</p>  <p>Bingo (2,3) 2:00-3:00 Dining Room</p>	<p>6</p> <p>Salon Open (2,5) Morning Walk (1,7,8) 10:00-12:00 Figure Eight</p> <p>Afternoon Shopping (2,5,7,8) 2:00-3:30 Outing</p> 	<p>7</p> <p>Banking/Post Office (4,7) 10:00-10:30 Outing</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Lunch Out (2,5,7,8) 12:00-3:00 Outing</p>	<p>1</p> <p>Pet Therapy (2,5) 10:00-11:00 AL Sunroom</p> <p>Wii Bowling (1,2,3) 2:30-3:30 TV Room</p> 	<p>2</p> <p>Bingo (2,3) 10:00-11:00 AL Dining Room</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Mexican Train (3) 2:30-3:30 2<sup>nd</sup> Fl Act Area</p> 	<p>3</p> <p>Morning Walk (1,7,8) 10:00-12:00 Figure Eight</p> <p>Coffee/Tea Social (2,5) 2:30-3:30 Lobby</p>
<p>11</p> <p>National Blueberry Muffin Day Sunday Message TRBC TV *WSET (6) 11:00-12:00</p> <p>Blueberry Muffins (2,5) 2:30-3:30 Main Lobby &amp; AL Sunroom</p>	<p>12</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Bingo (2,3) 2:00-3:00 Dining Room</p> 	<p>13</p> <p>Salon Open (2,5) Will-Mart (4) 10:00-11:30</p> <p>Morning Walk (1,7,8) 10:00-12:00 Figure Eight</p> <p>Afternoon Shopping (2,5,7,8) 2:00-3:30 Outing</p>	<p>14</p> <p>Banking/Post Office (4,7) 10:00-10:30 Outing</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>AL Afternoon Ride (2,5,7,8) 2:00-3:30 Outing</p> 	<p>15</p> <p>Pet Therapy (2,5) 10:00-11:00 AL Sunroom</p> <p>Bible Trivia (2,4,5) 2:00-3:00 Library</p> 	<p>16</p> <p>Bingo (2,3) 10:00-11:00 AL Dining Room</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>McKinley Cardwell Performs (2,5) 2:00-3:00 Living Room</p>	<p>17</p> <p>Morning Walk (1,7,8) 10:00-12:00 Figure Eight</p> <p>Wii Bowling (1,2,3) 2:30-3:30 TV Room</p> 
<p>18</p> <p>Sunday Message With Dr. DeLong (6) 2:30-3:30 AL Dayroom</p> 	<p>19</p> <p>Exercise (1) 10:30-11:00 TV Room</p>  <p>Bingo (2,3) 2:00-3:00 Dining Room</p>	<p>20</p> <p>Salon Open (2,5) Morning Walk (1,7,8) 10:00-12:00 Figure Eight</p> <p>Ice Cream Outing (2,5,8) 2:00-3:30 Outing</p> 	<p>21</p> <p>Banking/Post Office (4,7) 10:00-10:30 Outing</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Lunch Out (2,5,7,8) 12:00-3:00 Outing</p> 	<p>22</p> <p>Coffee Talk 2<sup>nd</sup> Fl &amp; AL (2) 9:30-10:00 Living Room</p> <p>Coffee Talk 1<sup>st</sup> Fl &amp; Main (2) 10:00-10:30 Living Room</p> <p>Wii Bowling (1,2,3) 2:30-3:30 TV Room</p>	<p>23</p> <p>Bingo (2,3) 10:00-11:00 AL Dining Room</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Giant Scrabble (2,3,5) 2:30-3:30 Main Dining Room</p>	<p>24</p> <p>Morning Walk (1,7,8) 10:00-12:00 Figure Eight</p> <p>Mocktail Hour (2,5) 2:00-3:00 Lobby</p> 
<p>25</p> <p>Sunday Message TRBC TV *WSET (6) 11:00-12:00</p> 	<p>26</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Bingo (2,3) 2:00-3:00 Dining Room</p> 	<p>27</p> <p>Salon Open (2,5) Will-Mart (4) 10:00-11:30</p> <p>Morning Walk (1,7,8) 10:00-12:00 Figure Eight</p> <p>Afternoon Shopping (2,5,7,8) 2:00-3:30 Outing</p>	<p>28</p> <p>Banking/Post Office (4,7) 10:00-10:30 Outing</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Crafty Crafters (2,4,5) 2:00-3:30 2<sup>nd</sup> Fl Act. Area</p>	<p>29</p> <p>Pet Therapy (2,5) 10:00-11:00 AL Sunroom</p>  <p>Bible Trivia (2,4,5) 2:00-3:00 Library</p>	<p>30</p> <p>Bingo (2,3) 10:00-11:00 AL Dining Room</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Hangman (2,3) 2:30-3:30 AL Sunroom</p>	<p>31</p> <p>Morning Walk (1,7,8) 10:00-12:00 Figure Eight</p> <p>Wii Bowling (1,2,3) 2:30-3:30 TV Room</p>

(1) PHYSICAL (2) SOCIAL (3) COGNITIVE/INTELLECTUAL/CREATIVE (4) PRODUCTIVE (5) SENSORY (6) REFLECTIVE/CONTEMPLATIVE (7) OUTDOOR (8) NATURE/NATURAL