















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SPECIAL INFORMATION: Weights & Vitals (5) 1 st – 4 th Assisted & Residential Living Scheduling: 9:00-11:45 AM 12:00-9:00 PM *All Activities are subject change*	1 Exercise (1) 10:30-11:00 TV Room Bingo (2,3) 2:00-3:00 Dining Room 	2 Salon Open (2,5) Morning/Afternoon Walk (1,7,8) 10:00-11:00/3:00-4:00 Kroger Shopping (2,5,7,8) 2:00-3:30 Outing	3 Banking/Post Office (4,7) 10:00-10:30 Outing Exercise (1) 10:30-11:00 TV Room Piano Music w/Betty (2,5) 3:45-4:45 Living Room	4 Pet Therapy (2,5) 10:00-11:00 AL Sunroom  Bible Trivia (2,4,5) 2:00-3:00 Library	5 Exercise (1) 10:30-11:00 TV Room  Brain Quest (2,3,5) 2:00-3:00 Living Room	6 Morning/Afternoon Walk (1,7,8) 10:00-11:00/3:00-4:00 Afternoon Movie (2,5,6) 2:00-4:00 Theatre Wii Bowling (1,2,3) 2:30-3:30 TV Room
7 It's That Time Again Turn Your Clocks Back One Hour  Sunday Message With Dr. DeLong (6) 2:30-3:30 AL Dayroom <small>Daylight Saving Time Ends</small>	8 Exercise (1) 10:30-11:00 TV Room  Bingo (2,3) 2:00-3:00 Dining Room	9 Salon Open (2,5) Morning/Afternoon Walk (1,7,8) 10:00-11:00/3:00-4:00 Will-Mart (4) 10:00-11:30 Afternoon Ride (2,5,8) 2:00-3:30 Outing	10 Banking/Post Office (4,7) 10:00-10:30 Outing Exercise (1) 10:30-11:00 TV Room Lunch at Red Lobster (2,5,8) 12:00-3:00 Outing	11 Hangman (2,3) 10:30-11:30 Living Room  Bible Trivia (2,4,5) 2:00-3:00 Library <small>Veterans Day Remembrance Day (Canada)</small>	12 Exercise (1) 10:30-11:00 TV Room Baking w/Rebecca (2,3,4,5) 2:00-4:00 Gr FI Kitchen 	13 Morning/Afternoon Walk (1,7,8) 10:00-11:00/3:00-4:00 Puzzles & Trivia (2,3,4,5) 10:00-11:00 Lobby Wii Bowling (1,2,3) 2:30-3:30 TV Room
14 Sunday Message TRBC TV *WSET (6) 11:00-12:00 Piano Music & Hymns w/Betty (2,5) 3:45-4:45 Living Room	15 Exercise (1) 10:30-11:00 TV Room Bingo (2,3) 2:00-3:00 Dining Room 	16 Salon Open (2,5) Morning/Afternoon Walk (1,7,8) 10:00-11:00/3:00-4:00 Kroger Shopping (2,5,7,8) 2:00-3:30 Outing	17 Banking/Post Office (4,7) 10:00-10:30 Outing Exercise (1) 10:30-11:00 TV Room Target Shopping (2,5,7,8) 2:00-4:00 Outing	18 Pet Therapy (2,5) 10:00-11:00 AL Sunroom Bible Trivia (2,4,5) 2:00-3:00 Library 	19 Exercise (1) 10:30-11:00 TV Room Giant Scrabble (2,3,5) 2:30-4:00 Main Dining Room 	20 Morning/Afternoon Walk (1,7,8) 10:00-11:00/3:00-4:00 Afternoon Movie (2,5,6) 2:00-4:00 Theatre Wii Bowling (1,2,3) 2:30-3:30 TV Room
21 Sunday Message With Dr. DeLong (6) 2:30-3:30 AL Dayroom 	22 Exercise (1) 10:30-11:00 TV Room Bingo (2,3) 2:00-3:00 Dining Room 	23 Salon Open (2,5) Morning/Afternoon Walk (1,7,8) 10:00-11:00/3:00-4:00 Will-Mart (4) 10:00-11:30 Walmart Shopping (2,5,7,8) 2:00-4:00 Outing	24 Banking/Post Office (4,7) 10:00-10:30 Outing Exercise (1) 10:30-11:00 TV Room Bulletin Board Trivia (2,3,5) 2:30-3:30 Lobby	25 Macy's Thanksgiving Day Parade On NBC  <small>Thanksgiving Day</small>	26 Exercise (1) 10:30-11:00 TV Room Bible Trivia (2,4,5) 11:00-12:00 Handout Lobby Piano Music w/Betty (2,5) 3:45-4:45 Living Room	27 Morning/Afternoon Walk (1,7,8) 10:00-11:00/3:00-4:00 Puzzles & Trivia (2,3,4,5) 10:00-11:00 Lobby Wii Bowling (1,2,3) 2:30-3:30 TV Room
28 Sunday Message TRBC TV *WSET (6) 11:00-12:00 Piano Music & Hymns w/Betty (2,5) 3:45-4:45 Living Room <small>Hanukkah Begins</small>	29 Exercise (1) 10:30-11:00 TV Room Bible Trivia (2,4,5) 2:00-3:00 Library 	30 Salon Open (2,5) Morning/Afternoon Walk (1,7,8) 10:00-11:00/3:00-4:00 Jokes, Puzzles, (2,3,4,5) 10:30-11:30 Lobby Hot Chocolate Social (2,5) 2:30-3:30 Lobby	<h1>November 2021</h1>			

(1) PHYSICAL (2) SOCIAL (3) COGNITIVE/INTELLECTUAL/CREATIVE (4) PRODUCTIVE (5) SENSORY (6) REFLECTIVE/CONTEMPLATIVE (7) OUTDOOR (8) NATURE/NATURAL