

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# December 2021



<p>5</p> <p>Sunday Message With Dr. Delong (6) 2:30-3:30 AL Day Room</p> 	<p>6</p> <p>Exercise (1) 10:30-11:00 TV Room</p>  <p>Bingo! (2,3) 2:00-3:00 Dining Room</p>	<p>7</p> <p>Salon Open (2,5) Kroger Shopping (2,4,7) 10:30-12:00 Outing Christmas Light Tour (2,5,7,8) 6:30-8:30 Outing</p> 	<p>Banking/Post Office (4,7) 1 10:00-10:30 Outing</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Piano Music (2,5) 4:30-5:30 Living Room</p>	<p>Christmas Card Shop (2,4) 10:30-11:30 Living Room</p>  <p>Christmas Music (2,5,6) 2:30-3:30 Living Room</p>	<p>Manicures w/Brandy (2,5)3 9:30-11:00 AL Sunroom</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Hill City Saxophone Quartet (2,5) 2:00-3:00 Living Room</p>	<p>4</p> <p>AM/PM Walk (1,7,8) 10:00-11:00/3:00-4:00 Inside/Figure 8 (weather permitting)</p> <p>Wii Bowling (1,2,3) 2:30-3:30 TV Room</p>
<p>12</p> <p>Sunday Message TRBC TV *WSET (6) 11:00-12:00</p> <p>Special Guest Christmas Music (2,5) 3:45-4:45 Living Room</p>	<p>13</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Annual Christmas Celebration (2,5) 4:00-5:30 Dining Room</p> 	<p>14</p> <p>Will-Mart (4) 10:00-11:30 Walmart Shopping (2,4,7) 10:00-12:00 Outing Target (2,5,7,8) 1:30-4:00 Outing Feral Ukuleles Perform (2,5) 6:45-7:45 Living Room</p>	<p>15</p> <p>Banking/Post Office (4,7) 10:00-10:30 Outing</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Special Guest Bingo (2,3) 2:00-3:00 Dining Room</p> <p>Christmas Light Tour (2,5,7,8) 6:30-8:30 Outing</p>	<p>16</p> <p>Bible Trivia Handout (2,3,5,6) 10:30-11:30</p> <p>Christmas Hangman (2,3) 2:00-3:00 Living Room</p> 	<p>17</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Hotel Roanoke Holiday Lunch Buffet &amp; Christmas Tree Tour (2,5,7,8) 11:30-4:00 Outing Loading Van(s) at 11:45am Lunch Reservation at 1:30pm</p>	<p>11</p> <p>AM/PM Walk (1,7,8) 10:00-11:00/3:00-4:00 Inside/Figure 8 (weather permitting)</p> <p>Communion w/Dennis Roberts (6) 11:00-11:30 AL Sunroom</p>
<p>19</p> <p>Sunday Message With Dr. Delong (6) 2:30-3:30 AL Day Room</p> 	<p>20</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Pictures &amp; Story Time w/Santa &amp; Mrs. Claus (2,5) Living Room 2:30-4:00</p> 	<p>21</p> <p>Salon Open (2,5) Trivia (2,3,5) 10:30-11:30 Lobby Christmas Light Tour (2,5,7,8) 6:30-8:30 Outing</p>  <p>Winter Begins</p>	<p>22</p> <p>Banking/Post Office (4,7) 10:00-10:30 Outing</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Christmas Light Tour (2,5,7,8) 6:30-8:30 Outing</p> 	<p>23</p> <p>Pet Therapy w/Dylan (2,5) 10:30-11:30 AL Sunroom</p> <p>McKinley Cardwell Performs (2,5) 2:00-3:00 Living Room</p> 	<p>24</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Christmas Cookies &amp; Eggnog Social (2,5) 2:00-3:00 Lobby 2:00-3:00 Al Sunroom</p> 	<p>18</p> <p>AM/PM Walk (1,7,8) 10:00-11:00/3:00-4:00 Inside/Figure 8 (weather permitting)</p> <p>Wii Bowling (1,2,3) 2:30-3:30 TV Room</p>  <p>Christmas</p>
<p>26</p> <p>Sunday Message TRBC TV *WSET (6) 11:00-12:00</p> <p>Piano Music w/Betty (2,5) 3:45-4:45 Living Room</p> <p>Kwanzaa Begins</p>	<p>27</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Bingo! (2,3) 2:00-3:00 Dining Room</p> 	<p>28</p> <p>Salon Open (2,5) Will-Mart (4) 10:00-11:30 Walmart Shopping (2,4,7) 10:00-12:00 Outing Giant Scrabble (2,3,5) 2:30-3:30 Dining Room</p>	<p>29</p> <p>Banking/Post Office (4,7) 10:00-10:30 Outing</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Hot Chocolate Social (2,5) 2:30-3:30 Lobby/Living Room</p>	<p>30</p> <p>What's Your New Year's Resolutions? (2,6) 10:30-11:30 Living Room</p>  <p>Bible Trivia (2,3,5,6) 2:00-3:00 Library</p>	<p>31</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>New Year's Eve Party (2,5) 3:00-4:00 Living Room/Dining Room</p> 	<p>SPECIAL INFORMATION: Weights &amp; Vitals (5) 1<sup>st</sup> – 4<sup>th</sup> Assisted &amp; Residential Living Scheduling: 9:00-11:45 AM 12:00-9:00 PM *All Activities are subject change*</p>

(1) PHYSICAL (2) SOCIAL (3) COGNITIVE/INTELLECTUAL/CREATIVE (4) PRODUCTIVE (5) SENSORY (6) REFLECTIVE/CONTEMPLATIVE (7) OUTDOOR (8) NATURE/NATURAL

