


September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>4</p> <p>Sunday Message With Dr. Delong (6) 2:30-3:30 Living Room</p>  <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>5</p> <p>Exercise (1) 10:30-11:00 TV Room</p>  <p>Bingo! (2,3) 2:00-3:00 2nd Fl Act Area</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p> <p style="font-size: small;">Labor Day</p>	<p>6</p> <p>Mind Jogger Puzzles (2,3) 10:00-11:00 Lobby</p> <p>Birthday Lunch Bunch (2,5,8) 12:00-2:30 Outing</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>7</p> <p>Banking/Post Office (4,7) 10:00-10:30 Outing</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Lynchburg Library (2,3,5) 2:00-3:30 Outing</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>1</p> <p>Bible Trivia (2,3,6) 10:00-11:00 Library</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p> <p>Music w/Judy (2,5,6) 4:00-5:00 Living Room</p>	<p>2</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Kim & JimBo Cary Perform (2,5) 2:30-3:30 Living Room</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>3</p> <p>AM/PM Walk (1,7,8) 10:00-11:00/3:00-4:00 Fig 8</p> <p>Wii Bowling (1,2,3,5) 2:30-3:30 TV Room</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>
<p>11</p> <p>Sunday Message TRBC TV *WSET (6) 11:00-12:00</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p> <p style="font-size: small;">Grandparents Day</p>	<p>12</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Bingo! (2,3) 2:00-3:00 2nd Fl Act Area</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>13</p> <p>Salon Open (2,5) Will-Mart (4) 10:00-11:30</p> <p>Walmart (2,4,5,8) 2:00-4:00 Outing</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>14</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Questions Answered Advanced Care Planning(2,5) 2:30-3:30 AL Dining Room</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>15</p> <p>Bible Trivia (2,3,6) 10:00-11:00 Library</p> <p>Giant Scrabble (2,3,5) 2:30-4:00 Dining Room</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>16</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Hill City Saxophone Quartet (2,5) 2:00-3:00 Living Room</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>17</p> <p>AM/PM Walk (1,7,8) 10:00-11:00/3:00-4:00 Fig 8</p> <p>Wii Bowling (1,2,3,5) 2:30-3:30 TV Room</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p> <p style="font-size: small;">Oktoberfest Begins</p>
<p>18</p> <p>Sunday Message With Dr. Delong (6) 2:30-3:30 Living Room</p>  <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>19</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Bingo! (2,3) 2:00-3:00 2nd Fl Act Area</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>20</p> <p>Salon Open (2,5) Apple Cider Social (2,5) 10:30-11:30 Screened Porch</p> <p>Kroger Shopping (2,5,7,8) 2:00-3:30 Outing</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>21</p> <p>Banking/Post Office (4,7) 10:00-10:30 Outing</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Crafty Crafters (2,3,4,5) 2:30-4:00 2nd Fl Act Area</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>22</p> <p>Bible Trivia (2,3,6) 10:00-11:00 Library</p> <p>Hangman (2,3,5) 2:00-3:00 Living Room</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p> <p style="font-size: small;">Autumn Begins</p>	<p>23</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Ron BGO Performs (2,5) 2:30-4:00 Living Room</p>  <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>24</p> <p>AM/PM Walk (1,7,8) 10:00-11:00/3:00-4:00 Fig 8</p> <p>Emily Enochs Performs (2,5) 2:30-3:30 Living Room</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>
<p>25</p> <p>Sunday Message TRBC TV *WSET (6) 11:00-12:00</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p> <p style="font-size: small;">Rosh Hashanah Begins</p>	<p>26</p> <p>Exercise (1) 10:00-10:30 TV Room</p> <p>Karaoke w/DJ Liz (2,5) 10:30-11:30 Living Room</p>  <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>27</p> <p>Salon Open (2,5) Will-Mart (4) 10:00-11:30</p> <p>Walmart (2,4,5,8) 2:00-4:00 Outing</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>28</p> <p>Banking/Post Office (4,7) 10:00-10:30 Outing</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Bingo! (2,3) 2:00-3:00 2nd Fl Act Area</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>29</p> <p>Bible Trivia (2,3,6) 10:00-11:00 Library</p> <p>Brain Quest (2,3,5) 2:00-3:00 Living Room</p>  <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>30</p> <p>Exercise (1) 10:30-11:00 TV Room</p> <p>Bingo! (2,3) 2:00-3:00 2nd Fl Act Area</p> <p>Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>SPECIAL INFORMATION: Weights & Vitals (5) 1st – 4th Assisted & Residential Living Scheduling: 9:00-11:45 AM 12:00-9:00 PM *All Activities are subject change*</p>

(1) PHYSICAL (2) SOCIAL (3) COGNITIVE/INTELLECTUAL/CREATIVE (4) PRODUCTIVE (5) SENSORY (6) REFLECTIVE/CONTEMPLATIVE (7) OUTDOOR (8) NATURE/NATURAL WORLD

