

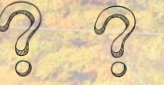





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SPECIAL INFORMATION: Weights & Vitals (5) 1st – 4th Assisted & Residential Living</p> <p>Scheduling: 9:00-11:45 AM 12:00-9:00 PM</p> <p>*All Activities are subject change*</p>		<p>Salon Open (2,5) 1 Hill City Saxophone Quartet (2,5) 2:00-3:00 Living Room  Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Banking/Post Office (4,7) 2 10:00-10:30 Outing Exercise (1) 10:30-11:00 TV Room Target (2,4,5,8) 2:00-4:00 Outing Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Bible Trivia (2,3,6) 3 10:30-11:00 Library Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area Music w/Judy (2,5,6) 4:00-5:00 Living Room</p>	<p>Exercise (1) 4 10:30-11:00 TV Room Discussing Falls-PT w/Courtney Part 2 (2,3,5) 3:00-4:00 Living Room Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Exercise (1) 5 10:30-11:00 TV Room Wii Bowling (1,2,3,5) 2:30-3:30 TV Room Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>
<p> FALL BACK 6 Sunday Message With Dr. DeLong (6) 2:30-3:30 Living Room Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area <small>Daylight Saving Time Ends</small></p>	<p>Exercise (1) 7 10:30-11:00 TV Room Bingo! (2,3) 2:00-3:00 2nd Fl Act Area Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Voting Day! 8 Salon Open (2,5) Will-Mart (4) 10:00-11:30 Kroger (2,4,5,8) 2:00-4:00 Outing Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Banking/Post Office (4,7) 9 10:00-10:30 Outing Exercise (1) 10:30-11:00 TV Room Popcorn Social (2,5) 2:30-3:30 Main Sitting Area Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Bible Trivia (2,3,6) 10 10:30-11:00 Library Afternoon Tea (2,5) 2:30-3:30 Main Sitting Area Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Exercise (1) 11 10:30-11:00 TV Room Crafty Crafters (2,3,4,5) 2:30-3:30 2nd Fl Act Area Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area <small>Veterans Day Remembrance Day (Canada)</small></p>	<p>Exercise (1) 12 10:30-11:00 TV Room Ron BGO Performs (2,5) 2:00-3:30 Living Room Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>
<p>Sunday Message TRBC TV *WSET (6) 11:00-12:00 Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Exercise (1) 14 10:30-11:00 TV Room Bingo! (2,3) 2:00-3:00 2nd Fl Act Area Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Salon Open (2,5) 15 Mind Joggers (2,3,5) 10:30-11:30 Living Room  Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Banking/Post Office (4,7) 16 10:00-10:30 Outing Exercise (1) 10:30-11:00 TV Room Walmart (2,4,5,8) 2:00-4:00 Outing Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Bible Trivia (2,3,6) 17 10:30-11:00 Library Jesus Hands Performs (2,5) 2:00-3:00 Living Room Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Exercise (1) 18 10:30-11:00 TV Room Bingo! (2,3) 2:00-3:00 2nd Fl Act Area Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Exercise (1) 19 10:30-11:00 TV Room Wii Bowling (1,2,3,5) 2:30-3:30 TV Room Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>
<p>Sunday Message With Dr. DeLong (6) 2:30-3:30 Living Room Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Exercise (1) 21 10:30-11:00 TV Room Bingo! (2,3) 2:00-3:00 2nd Fl Act Area Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Salon Open (2,5) 22 Will-Mart (4) 10:00-11:30 Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area </p>	<p>Banking/Post Office (4,7) 23 10:00-10:30 Outing Exercise (1) 10:30-11:00 TV Room Trivia & Word Puzzles (2,4,5) 11:00-12:00 Main Sitting Area Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Macy's Thanksgiving Day Parade on NBC Ch. 5  Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area <small>Thanksgiving Day (US)</small></p>	<p>Exercise (1) 25 10:30-11:00 TV Room Hot Beverage Social (2,5) 2:30-3:30 Main Sitting Area Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Exercise (1) 26 10:30-11:00 TV Room Wii Bowling (1,2,3,5) 2:30-3:30 TV Room Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>
<p>Sunday Message TRBC TV *WSET (6) 11:00-12:00 Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Exercise (1) 28 10:30-11:00 TV Room Bingo! (2,3) 2:00-3:00 2nd Fl Act Area Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Salon Open (2,5) 29 Walmart (2,4,5,8) 10:00-12:00 Outing  Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<p>Manicures w/Brandy (2,5) 9:30-10:30 AL Sunroom Banking/Post Office (4,7) 10:00-10:30 Outing Snacks & Tunes (2,5) 3:30-4:00 Main Sitting Area</p>	<h1>November 2022</h1>		

(1) PHYSICAL (2) SOCIAL (3) COGNITIVE/INTELLECTUAL/CREATIVE (4) PRODUCTIVE (5) SENSORY (6) REFLECTIVE/CONTEMPLATIVE (7) OUTDOOR (8) NATURE/NATURAL WORLD