

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Transportation Mondays & Tuesdays See Resident Coordinator for Scheduled Medical Appointments & Scheduling Personal Shopping	1 Morning Devotion & Bible Trivia 10:30-11:30 Living Room Scrabble! 2:30-3:30 2nd FI Act Area <small>Canada Day</small>	2 Chair Yoga 10:00-10:45 2nd FI Act Area Taking Care of the Garden 2:30-3:30 Back Sunporch	3 Bingo! 10:00-11:00 2nd FI Act Area Kroger Shopping 1:45-3:30 Outing	4 No Mail Salon Closed 4th of July Trivia & Puzzles 10:30-11:30 Main Sitting Area  Afternoon Refreshments 3:30-4:30 Main Sitting Area <small>Independence Day (US)</small>	5 Chair Yoga 10:00-10:45 2nd FI Act Area Watermelon Social 2:30-3:30 Back Sunporch	6 Today's Word & Puzzle Table 10:00-7:00 Main Sitting Area/Living Room Chilling w/Alexa 4:00-5:00 Main Sitting Area
7 Sunday Message TRBC TV *WSET 11:00-12:00	8 Billy Hunt Singers Perform 10:30-11:30 Living Room Bingo! 2:30-3:30 2nd FI Act Area	9 Chair Yoga 10:00-10:45 2nd FI Act Area Mexican Train Dominoes 2:30-3:30 2nd FI Act Area	10 Annual Emergency Preparedness Review w/Brandi 10:00-11:00 Living Room Walmart Shopping 1:45-3:45 Outing	11 Chair Yoga 10:00-10:45 2nd FI Act Area Salon Open at 1:00 Lynchburg Library 2:30-3:45 Outing	12 Saunders Orchard & Lunch at The Briar Patch Restaurant Outing 10:00-3:30 After Dinner Social 6:00-7:00 Main Sitting Area	13 Today's Word & Puzzle Table 10:00-7:00 Main Sitting Area/Living Room Chilling w/Alexa 4:00-5:00 Main Sitting Area
14 Sunday Message TRBC TV *WSET 11:00-12:00	15 Morning Devotion & Bible Trivia 10:30-11:30 Living Room Bingo! 2:30-3:30 2nd FI Act Area	16 Chair Yoga 10:00-10:45 2nd FI Act Area Taking Care of the Garden 2:30-3:30 Back Sunporch	17 Blackwater Creek Walking Trail 9:45-11:30 Outing Afternoon Ride 2:00-3:45 Outing	18 Chair Yoga 10:00-10:45 2nd FI Act Area Salon Open at 1:00 McKinley Cardwell Performs 2:00-3:00 Living Room	19 Dollar Tree Shopping 9:45-12:00 Outing Mocktail Hour 2:30-3:30 Back Sunporch	20 Today's Word & Puzzle Table 10:00-7:00 Main Sitting Area/Living Room Chilling w/Alexa 4:00-5:00 Main Sitting Area
21 Sunday Message TRBC TV *WSET 11:00-12:00	22 Morning Devotion & Bible Trivia 10:30-11:30 Living Room Bingo! 2:30-3:30 2nd FI Act Area	23 Chair Yoga 10:00-10:45 2nd FI Act Area Gorgeous Grandma Day! Glamour Shots 2:15-3:45 Where? Your Favorite Sitting Area	24 Hobby Lobby & Lunch at Cracker Barrel 10:00-3:00 Outing After Dinner Social 6:00-7:00 Back Sunporch or Main Sitting Area	25 Chair Yoga 10:00-10:45 2nd FI Act Area Salon Open at 1:00 Shut The Box Board Game 2:30-3:30 2nd FI Act Area	26 Blackwater Creek Walking Trail 9:45-11:30 Outing Ice Cream Sundaes 2:30-3:30 Back Sunporch	27 Today's Word & Puzzle Table 10:00-7:00 Main Sitting Area/Living Room Chilling w/Alexa 4:00-5:00 Main Sitting Area
28 Sunday Message TRBC TV *WSET 11:00-12:00	29 Morning Devotion & Bible Trivia 10:30-11:30 Living Room Bingo! 2:30-3:30 2nd FI Act Area	30 Chair Yoga 10:00-10:45 2nd FI Act Area Favorite Recipe Chat 2:30-3:30 Back Sunporch	31 Walmart Shopping 9:45-12:00 Outing Bird Watching 2:30-3:30 Back Sunporch			

*Activities are subject to change

